



EL SALTO

MEXICAN RESTAURANT AND CANTINA

APPETIZERS

NACHOS EL SALTO 12
Fresh crispy tortilla chips, layered with beans and marinated pork chunks, topped with melted chihuahua cheese, sour cream and jalapeños

NACHOS 8
Fresh crispy tortilla chips, topped with melted Chihuahua cheese
Add Beans 1 Beef or Chicken 2

FAJITA NACHOS 12 Chicken 14 Steak
Fresh crispy tortilla chips, topped with your choice of fajita style chicken or steak along with grilled bell peppers, tomatoes, onions and melted Chihuahua cheese

QUESO FUNDIDO 9
Melted Chihuahua cheese, topped with grilled Chorizo (Mexican Sausage) and served with tortillas

***CORN IN A CUP 6**
Mexican style fresh corn with mayonnaise, butter, cojita cheese and chile

QUESO DIP 8 ounce 5 16 ounce 9

BEAN DIP 6

GUACAMOLE DIP 8 oz. MP 16 oz. MP

MEAT RICE DIP 7

***Hot salsa is available upon request.
First order of chips are complimentary.
All additional orders are \$2.00

SALAD



FAJITA TACO SALAD
Chicken 12 Steak 13
Crispy flour tortilla shell, filled with beans and your choice of grilled chicken or steak, grilled bell peppers, onions and tomatoes, topped with lettuce, cheese, sour cream and guacamole

TACO SALAD 10
Crispy flour tortilla shell, with beans and your choice of shredded chicken or ground beef, topped with lettuce, tomatoes, cheese, sour cream and guacamole

EL SALTO SALAD 8 Add Chicken 4
Our simple, yet delightful, low carb salad with lettuce, tomatoes, onions, green peppers, cucumbers and shredded Monterey Jack cheese

VEGETARIAN



VEGETARIAN FAJITAS 13
Sautéed mushrooms, tomatoes, bell peppers and onions sizzling on a hot comal, served with rice, beans, lettuce, guacamole, sour cream and tortillas

GARDEN QUESADILLA 12
Four flour tortillas filled with melted cheese and our very own freshly made guacamole, topped with sour cream and diced tomatoes, served with rice and beans

VEGGIE FAJITA QUESADILLA 12
Flour tortilla, filled with melted cheese, grilled bell peppers, onions, tomatoes and mushrooms, topped with cheese sauce, served with rice, tomatoes, lettuce, sour cream and guacamole

VEGETARIAN COMBINATIONS
Make your very own.
Rice and beans included.

PICK TWO 8 OR PICK THREE 11
Cheese Enchilada (topped with mole)
Cheese Quesadilla
Bean Burrito (topped with melted cheese and red sauce)
Tostada (with beans, lettuce, tomatoes and cheese)

QUESADILLAS

QUESADILLA ESTILO FAJITA
Large flour tortilla, filled with cheese, grilled fajita style bell peppers, onion, tomatoes and your choice of meat, then topped with cheese sauce

Chicken 13
Steak 15
Shrimp 16

QUESADILLA LA GRINGA 12
Three flour tortillas filled with marinated pork and cheese, served with guacamole

SOUP



***CALDO DE POLLO 16**
Homemade style chicken soup with vegetables, served with rice and your choice of tortillas

***CALDO DE RES 16**
Homemade style beef soup with vegetables, served with rice and your choice of tortillas

***CARNE EN SU JUGO 16**
Small pieces of steak are cooked in the juices, then mixed with whole beans and crispy crumbled bacon, served with your choice of tortillas

***POZOLE 16**
Homemade style pork soup with hominy, garnished with onions, radishes and cabbage

TORTILLA CHICKEN SOUP 8

FAJITAS

All fajitas are presented with grilled tomatoes, onions and bell peppers, sizzling on a hot comal. Served with rice, beans lettuce, tomatoes, guacamole, sour cream and tortillas

Shrimp 20 Chicken & Steak 18
Steak 19 Fajitas Texasas 21
Chicken 18 (Steak, Chicken & Shrimp)

SPECIAL DINNERS

LA PARRILLADA (FOR TWO) 49
Grilled chicken, skirt steak, shrimp and chorizo, topped with sliced asadero cheese, served on a bed of grilled onions and tomatoes, garnished with grilled whole jalapeno peppers, served with two side platters of rice, beans and tortillas

MOLCAJETE 24
A stone mexican mortar filled with grilled shrimp, steak, chicken breast, chorizo and onions, topped with shredded cheese, served with a side of rice, beans and tortillas

CHEF PLATTER 20
Grilled chicken and shrimp mixed with bacon, poblano peppers, mushrooms and onions, served over a bed of rice, topped with cheese, your choice of flour or corn tortillas and served with chile de arbol salsa

CHILES POBLANOS 17
Two egg breaded poblano peppers, filled with melted cheese and topped with red sauce. Served with lettuce, tomatoes, sour cream, rice, beans and tortillas

CARNITAS DINNER 16
Marinated pork chunks served with rice, beans, lettuce, guacamole, pico de gallo, whole jalapeño and tortillas

ENCHILADAS "YOLANDAS" 15
Three delicious enchiladas filled with your choice of shredded chicken or ground beef, topped with cheese and enchilada (mole) sauce, served with lettuce, tomatoes, guacamole, rice and beans

FLAUTAS DELUXE 15
Three deep fried corn tortillas, filled with shredded chicken, served with lettuce, tomatoes, guacamole, sour cream, rice and beans

CHIMICHANGAS 14
Two soft fried flour tortillas, filled with shredded chicken, then topped with red sauce, cheese sauce, lettuce, tomatoes, sour cream and guacamole, served with rice and beans

* New Menu Item

TACOS



TACOS DE CARNE (3) 18

Tender steak in corn tortillas with cilantro, onion and chile de arbol salsa on the side, served with a side of rice and beans

TACOS AL PASTOR (3) 17

Marinated pork shoulders with pineapple and chile guajillo, topped with cilantro and onions. Served with rice and beans

TACOS MICHOACANOS (3) 17

Grilled shrimp, chicken, and steak, topped with our own sweet and spicy (not too spicy) sauce, garnished with lettuce, tomatoes, shredded Monterey cheese, served with rice and beans

EL SALTO CHEESE STEAK TACOS (2) 15

Your choice of two flour or corn tortillas, topped with tender grilled steak strips, grilled onions and cheese sauce, served with rice and beans

CARNITAS TACOS (3) 15

Marinated pork chunks with served with pico de gallo, queso fresco, rice and beans

*TACOS CHORIZO (3) 15

Fermented smoked pork, garnished with cilantro and onions, served with rice and beans

TACOS JALISCO (3) 16

Grilled chicken, cheese, julienne peppers and onions, marinated in lime and cilantro, garnished with avocado, served with rice, lettuce and tomatoes

SEAFOOD



CAMARONES A LA DIABLA 20

Grilled shrimp, sauteed in a mild or spicy sauce served with lettuce, tomatoes, avocado, rice, beans and tortillas

CAMARONES AL MOJO DE AJO 20

Shrimp, sauteed in garlic seasoning and sprinkled with crushed red pepper, served with rice, lettuce, tomatoes, avocado and tortillas

*HUACHINANGO ALA VERACRUZANA 20

Whole fried red snapper, sauteed in salsa ranchera, served with rice

*HUACHINANGO AL MOJO DE AJO 20

Whole fried red snapper in a light garlic butter, served with rice

SHRIMP COCKTAIL Small 10 Large 14

Cooked shrimp, fresh diced onion, tomatoes, cilantro, jalapeño and avocado, all together in our very own cocktail sauce, served in a cocktail glass

* New Menu Item

TACOS CAMARON CHOPOTLE (3) 17

Grilled shrimp, drizzled with our very own chipotle sauce, purple shredded cabbage and pico de gallo, served with rice, lettuce, tomatoes and guacamole

TACOS MAHI MAHI (3) 15

Grilled Mahi Mahi, drizzled with our very own el salto sauce, purple shredded cabbage and pico de gallo, served with rice, lettuce, tomatoes and guacamole

FISH TACOS (3) 15

Tilapia tacos, filled with lettuce, tomatoes, and shredded cheese, habanero mango sauce, served with rice and pico de gallo

BURRITOS

DEEP FRIED: ADD 2.00

BURRITO MEXICANA

Chicken 14

Steak 16

One huge burrito filled with steak or grilled chicken, grilled onions, bell pepper, tomatoes, beans and rice, topped with cheese sauce and red sauce, a side of tomato, lettuce and sour cream

BURRITO CALIFORNIA

Chicken 14

Steak 16

One huge burrito filled with your choice of grilled steak or chicken, along with beans, mushrooms, tomatoes and onions, topped with cheese sauce, salsa verde and garnished with pico de gallo

BURRITO DELUXE 14

One huge burrito filled with ground beef or shredded chicken, beans, rice, lettuce, tomato, sour cream topped with cheese sauce and red sauce

BURRITO EL SALTO 17

One huge burrito filled with grilled chicken, steak, bacon, beans, sour cream, guacamole and cheese, topped with tomatillo sauce and cheese sauce, with a side of lettuce, tomatoes and avocado slice

BURRITO EL CHARRO 17

Huge burrito filled with grilled steak, chicken, bacon, cheese, poblano peppers, onions and black whole beans, topped with cheese sauce and pico de gallo

COMBINATIONS

Make your own meal.

Chicken

Add rice and beans 3.50

PICK TWO 8 OR PICK THREE 11

Flauta

Taco

Tamale (Pork)

Enchilada

Tostada

Cheese Quesadilla

Parties Over 6 Add An 18% Gratuity

STEAK

BISTEK A LA MEXICANA 20

Diced skirt steak with grilled onions, tomatoes and fresh jalapeños, served with rice, beans and tortillas

BISTEK EL SALTO 24

Tender skirt steak, marinated in our very own green sauce, then grilled with green peppers and tomatoes, garnished with raw onions on a sizzling hot comal, served with rice and beans, lettuce, guacamole, sour cream, tomatoes and tortillas

CARNE ASADA 24

Tender skirt steak garnished with cebollita and sliced avocado, served with lettuce, tomatoes, rice, beans and tortillas

ALAMBRE 20

Tender grilled steak strips with bacon, grilled onion, tomatoes, poblano peppers, topped with melted cheese, served with rice, beans and tortillas

CHICKEN

POLLO LOCO 15

Grilled chicken breast, topped with grilled onions and tomatoes, served with rice, beans, pico de gallo and tortillas

POLLO SANTA FE 15

Grilled chicken breast, topped with melted cheese, sauteed spinach, onions and mushrooms, served with lettuce, tomatoes, sour cream, beans, rice and tortillas

*POLLO EL SALTO 16

Chicken julienne strips, onions, poblano peppers and corn cooked in a guacamole tomatillo jalapeño sauce, served with rice, beans, lettuce, sour cream, tomatoes and your choice of tortilla

POLLO IXTAPA 15

Chicken breast cooked with grilled onions and pineapple in a sauce that has been in our family for 3 generations, served with rice, beans, lettuce, sour cream, tomatoes and tortillas

TORTAS

TORTA TRADITIONAL 13

Traditional Mexican sandwich with your choice of meat, steak, chicken, pastor, carnitas or chorizo. Served with beans, sour cream, guacamole, tomatoes and lettuce. Comes with fries.

AMERICANA

*ULTIMATE BURGER 13

Fresh beef patty with caramelized onions, poblano peppers, mushrooms, queso asadero and guacamole, served with fries

BACON CHEESEBURGER 12

Beef patty with thick cut bacon, American cheese, grilled onions, lettuce, tomato and mayonnaise, served on a hot toasted bun, served with fries

CHICKEN TENDERS 9

Four chicken tenders served with fries

SHRIMP BASKET 12

Eight deep fried jumbo shrimp served with fries

Please Be Aware That Our Food May Contain Or Come Into Contact With Allergens Such As Dairy, Eggs, Wheat, Soybean, Tree Nuts, Peanuts, Fish Or Shellfish.

